



**Panah Shelter Home**

*Annual  
Report*  
2013

## **ANNUAL REPORT OF PANAH SHELTER HOME 2013**

### **Introduction:**

**PANAH**, the only Shelter Home in Karachi has now completed 12 years providing shelter to women who have faced violence in any form, be it physical, mental, financial, legal etc.

During 2013 Panah housed and rehabilitated women and children and besides solving their immediate problems also provided them trainings and skill development.

### **Activities:**

A number of activities were organized for the residents to keep them connected with the outside world so that they do not feel isolated.

Christmas, Iftar party, Eid Milan party, Eid-e-Milad-un-Nabi, Women's day and Mother's day were celebrated. Picnic at PAF Museum, and visit to a Cinema were organized for them. The residents thoroughly enjoyed the events and we got a very positive response

Besides the regular trainings -Arts & Crafts, Sewing, Informal Education and Certified Beautician Training Course. Life Skills, Skill Development, Enterprise Development, Gender Sensitization Trainings were also provided to them in collaboration with other organizations.

### **Statistics:**

271 women and 103 children were facilitated by Panah during the period January 1, 2013 to December 31, 2013. According to our estimate 155 were victims of domestic violence at the hands of their husbands and in-laws, 04 rape cases, 03 Karo-kari, 08 forced marriages, 02 trafficking, 46 protection and shelter and 52 own choice marriage. Most of these women came from rural areas and lower socio-economic groups and were mainly illiterate.

### **Rehabilitation in Focus:**

This year Panah decided to focus on effective rehabilitation of women to empower them to live independently. One year Nurse's and Nursing aide training is being provided to the residents at Zainab Panjwani Hospital and Al-Mehrab Hospice. One resident is working as a chef at the Hospice.. In addition, a Transition Home has also been dedicated for residents who after

seeking release from Panah can spend six months to get settled, seek a job and then move out on their own. We are going to strengthen our efforts in this aspect so that more residents can be accommodated, made comfortable and not be stressed about finding accommodation as soon as they leave the Shelter.

### **Success Stories:**

We have many happy endings to the sad plight of our residents when they come to seek Shelter.

A lady was shifted from Sukkur Dar-ul-Amaan to Panah in a very devastated condition. Her mental state was impaired so she was admitted in Psychiatric Hospital for almost a month, there she received treatment and got stable. For her effective rehabilitation Panah provided her 3 months Certificate Beautician and Movie making training. Another victim of gang rape was given extensive psychiatric treatment along with legal aid, her case has been successfully resolved. Panah provided her 3 months Beautician training certificate, sewing training, informal education and art & craft training.

### **Seminars & Trainings/Workshops:**

Panah pays special attention to capacity building of its staff members. Following Seminars and Trainings/Workshops were attended by staff:

- Sub-grant Cycle 6A Training for Sub-grantees regarding GEP Reporting Formats organized by AF at Regent Hotel & Convention Center Karachi.
- Experience Sharing Meeting for Sub-grantees of Cycle 6A for three days at Serena Hotel Islamabad.
- Training for Grant Cycle 6A Sub Grantees by SPO covering Project Cycle Management, Financial Management and Gender Sensitization at Mehran Hotel Karachi for 5 days.
- A seminar held at Aga Khan University & Hospital on the subject "Gender: Going Beyond Basics" for two days.

### **Visits:**

During the year many well-renowned national and international delegations visited Panah Shelter Home. Some of their comments are as follows:

“Thank you so much for showing us around and for all the wonderful and important work that you do.” (Charles Hay, FCO-London c/o British High Commission on 21<sup>st</sup> Feb 2013)

“Clearly a garden for those who need help. I am glad we can help support this great work.” (Grey Gottlieb, Mission Director, USAID Islamabad on 9<sup>th</sup> July 2013)

“It was an absolute pleasure meeting with staff and survivors of Panah. I am sure that we will have a very long working relationship. All the very best!” (Dr. Pir S. Ebrahim Shah, Governor, Rotary Club Pakistan on 11<sup>th</sup> Nov 2013)

**Donors:**

We are grateful to all friends and supporters who have always stood by us and strengthened our cause. Special thanks and appreciation to:

- Adamjee Foundation
- Al-Abbas Fabric (Pvt.) Ltd.
- Ali Hussein Rajabali Ltd.
- Amnesty Austria
- Bank Al-Habib Ltd
- Capt. Naseem ul Haq
- Dawlance Pakistan
- Dr. Maha Younis
- Edhi Foundation
- EFU General Insurance Ltd.
- Ehtesham Process
- Eternal Trading Groupz
- Fazle Ghani Advocates (Makhdoom Ali Khan)
- Feroze Textile Industries (Pvt.) Ltd.
- General Shipping Agency
- GETZ Pharma (Pvt.) Ltd.
- Hilton Pharma (Pvt.) Ltd.
- I-Care Foundation
- INFAQ Foundation
- Innerwheel Club Karachi Metropolitan
- Kay Chemicals
- Kings Group
- M/s. Khalid Anwar & Co
- M/s. United Kingdom Association of Pak

- Modern Terminal Operator
- Mohammad Hashim Tajir Surma
- Mr. Asim Majid (UK)
- Mr. Iqbal Qureshi
- Mr. Javed Ahmed
- Mr. Khalid A. Mirza
- Mr. Mansoor ul Arfeen (Advocate)
- Mr. Sarmad Ahmed Sarohi
- Mrs. Shehnaz Jameel
- Mrs. Sabiha Sultana
- Ms. Fawzia Raza
- Ms. Laila Hashwani
- Ms. Sadia Razvi
- Ms. Saira Pasha
- Ms. Sajida Kaleem
- Ms. Samina Qureshi
- Ms. Yasmin Mowjee
- Ms. Zainab S. Muhammad
- Ms. Zeba Zaidi
- Muhammad Shafi Tanneries (Pvt.) Ltd.
- Nestle Pakistan
- Omni Group of Companies
- Pakistan Gum Industries
- Progressive Traders (Pvt.) Ltd.
- Razaque Steels (Pvt.) Ltd
- Riviera Sportswear (Pvt.) Ltd.
- Rotary Metropolitan Trust
- Sapphire Textiles Mills Ltd.
- Tata Textile Mills Ltd.
- TCS Courier Service
- Toyo Packaging (Pvt.) Ltd
- TPL Trakker Ltd
- Zahra Textile
- Zainab Panjwani Memorial Hospital
- Zulekhabai V. M. Gany Rangoonwala Trust

And all other Panah supporters.



پ  
p a n a h

**Panah Shelter Home**

Project of Panah Trust

Darul Aman Premises

Plot No. ST-6, Block 10, Federal B Area, Karachi.

**Telephone:** (021) 36360025, (021)6360028

**Fax:** (021) 36360028

**E-mail:** panahhome@gmail.com, panahhome@yahoo.com

**URL:** [www.panahshelter.org](http://www.panahshelter.org)

**Panah is a non-profit organization that operates solely on donations and funds it receives from corporations, individuals and other NGOs**